



# THE GLORY TIMES

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### Editorial

We are glad to come your way with another edition of our newsletter- The Glory Times.

Thank you for your feedbacks from the previous edition. We are in awe of what our young learners can do when the right enabling environment is created for them. The skills and importance of collaboration that are learning will indeed prove to be great assets to them as they grow up.

It is our prayer that you will pick some nuggets of wisdom from this edition. And of such nuggets which we would like to highlight is the importance of cooperation. If we want to succeed in any sphere that we find ourselves, this is a skill and value we will need. We are elated to be able to help our students learn this and for them to see opportunities to cooperate and collaborate even in the midst of diversity and differences.

Have a good read and expect our next issue in no time.

**Mr. Michel B.  
-The Editor**

**Mr. Kamagate Morou  
The Editor-in-chief.**



## IT'S THE GIRLS' ERA -GIRLS' EDUCATION COUNTS TOO!

BY IMANE K, BRITNEY A & FAVOUR E.

"If you educate a man you educate an individual, but if you educate a woman you educate a nation" is an old African saying used in promoting the importance of the child education.

Every child has the right to learn and get a good quality education regardless of gender, where they live or their circumstances. Even though some gains have been made to improve the situation, there is still more that can be done. Although the population of females falls below the one for men, neglecting 49.6% of the world's population is not a tactical move if we truly want to develop.

The girl child is of great value and a vital asset to humanity if we want to develop. Giving girls a good education and opportunities help them to make informed choices that save lives and build stronger communities. With an education, girls acquire skills that are essential in making them non-dependent on others, saving them from all sort of abuse. This also reduces the rate of population growth since fewer cases of teenage pregnancy will be recorded. Girls who are educated are less likely to be married off at a young age escaping the trauma of situations they are not ready for.

"I like coming to school and learning," a 14 years old Kadidja from the Central African Republic's Bamingui-Bangoran region says, 'It helps me be more independent.'

In spite of her age, Kadidja is only in her second year of primary school but she is not discouraged especially for a girl living in a region where early marriage is common. She decided to attend school even though she has been married off and girls like her must be helped to fulfill their dreams of a better future through education and implementation of policies that protect them.

This should encourage us as students especially girls to appreciate our opportunities and not let them be pointless. Think about others who don't have the same opportunities we have. Let's be disciplined and hardworking to succeed so we can be good examples to the world that a girl's education is an investment for all now and in the future.



## WHAT'S GOING ON?

It's been a wonderfully packed eventful month. And we are here to give you updates on all that happened. The balance of both academic and extra curricula activities is indeed developing us into future leaders harmoniously.

Clubs and Activities we are indeed learning new skills as we continue to participate in our various clubs and activities. Some friends from the Home Science club have learnt some recipes and some people are already trying them at home. The experiments from STEM is awesome to see, a revolution is happening in Good news and see young learners building websites in Web and App programming. Modern languages are playing skilfully with languages and of course, you are reading what the Leaders, Writers and Debaters Club is doing.

**Weekly Level Tests** as usual, we had our tests in October as well as our Mid-term Assessments. The results are not to make you panic but to evaluate and put strategies in place for better grades. Excellence comes with discipline and hardwork. Let the drumbeat roll... we have our first inductee into our **Academics Hall of Fame!** Hurray and she is no other than **Daniela Yeo of Year 7**

**Carnation.** Who is going to join her next? Trust us to bring you all the FILLA as usual.

**Classroom Neatness Assessment** in order to make students responsible in taking care of our surroundings, personal and school properties, a random assessment is done of our classrooms twice a day and marks awarded. A trophy is presented to the best class each week to motivate them so far the trophy is with **Year 7 Carnation.**

**World Teachers' Day** Our teachers go through are lot for us and we joined the world to acknowledge them on the 5th October 2021. The theme this year was "Teachers at the heart of education recovery". Our headmistress surprised our teachers with a bottle of champagne as a gesture of love and appreciation on our behalf.

**International day of the girl child** This day was celebrated on 11th October with the theme: Digital generation. Our generation.' This theme is a call for equal access to the internet for girls as well as digital devices. Our head of department and his deputy spent time having pep talks and discussions with our classes. These were very engaging moments.

**Breast Cancer Awareness Month.** Our department wasn't left out of our annual month long activities that do not only create awareness of this disease but also to raise funds for research and treatment of it. We all went pink and made donations. Video presentation were carried out and **Year 8 Hibiscus** got to spend some time with the BCA team because they were the class that donated the most by patronising items from the BCA stands.

## I AM WHOLE

BY TINISE KOUAME

I am whole.  
In my mind and my heart,  
In what I can give,  
In who I am and can be.  
With my chest, I stand tall  
With strength and dignity,  
With resilience and empathy,  
With knowledge and courage,  
With respect and kindness.  
I am brave.  
Because I know that beauty comes  
from within  
Not the outside.  
I am the best  
No matter what others say.  
I rebuff negative statements about me,  
With what my creator says about me.  
I have joy.  
With God's word,  
My mind is renewed.  
I am whole.

## WHAT'S GOING ON?

### INTERNATIONAL DAY CELEBRATIONS

On the 28th of October 2021, we had a very exciting time as we celebrated this year's edition of this event both in-person and online. You can still watch the pomp and pageantry while experiencing the warmth of diversity in our cultures on our school's YouTube channel. The highlight of the day was the staff cultural performances which was a treat from our Headmistress to us students. You would also love the poem from East Africa by our Ugandan friends, Joel and Patience who are from our department. For more, stay connected for our next issue to find out **WHAT'S GOING ON?**





# MY AFRICA

BY JOEL & PATIENCE KINTU

1-My Africa, Oh my Africa

Our skin, our pride  
Our beauty, the invincible  
Our colour, the unfathomable  
Our nature, ever adorable  
Centre of godliness and morality  
Fountain of honour, respect and love  
The birth of peace and comfort

2-Oh east Africa

Where nature finds peace  
Our beauty is immeasurable  
Just like the sun of the seashores  
The gardens are all over filled with green  
vegetation  
Lakes and rivers with nice flowing water  
Come and taste our food  
Come and see the wildlife

3-I shall climb with you to Mt. Rwenzori

And take you to the depth of our rift valleys  
Oh East Africa  
Oh Uganda  
The pearl of Africa  
When you visit Uganda, you must stop to see  
the monkeys  
And the chimpanzees jumping in the trees by  
the roadside  
Stop and give them that banana  
See the waterfalls defining beauty  
Come and eat your favourite matoke and fish  
Oh my banana republic

4-In Tanzania you see the sausage tree

Where the fruits look like sausage  
Come to the shores of Swahili land  
I will take you to Mt. Kilimanjaro  
Then we will relax in Zanzibar  
When you visit Kenya, you must go on a  
safari  
And see how lions feed when they are hungry  
Come and enjoy Nyama choma and Ugali in  
Maasai lands

5- In Rwanda you will find a very clean  
country

Remember not to litter our city  
You will see extensive beauty  
Zebras and chimpanzees will also  
welcome you  
Oh our beauty extends to Burundi  
When they dance you don't want them  
to finish

6-And then to Ethiopia

It connects the rest of world to east  
Africa  
Have you ever flown Ethiopian  
airways?  
Please come and see the Blue Nile and  
taste Injera  
And then to Djibouti the horn of Africa  
Fluent in Arabic  
You will see the volcanic formations  
And the gulf of Eden beaches

7-Oh eastern African beauty

It stretches to Comoros, Eritrea,  
Somalia, Madagascar,  
South Sudan among other countries

8- Oh Africa

Oh east Africa  
Oh Uganda  
I love your beauty.



## COMING UP!

Let's see what November has for us:

"Nothing is impossible. The word itself says 'I'm Possible'"

– Audrey Hepburn

After not been able to have sports day due to the global pandemic, we are going to have **SPORTS DAY** this year. Even though it's going to be a little different from what we know due to the respect for our COVID-19 protocols, it promises to be a fun time as the various houses: Allan, Miriam, Henry and Violet battle it out for the trophy this year.

There is a bird whispering too that alongside the Sports day celebration will be the **Breast Cancer Awareness Fair** to conclude their activities for last month.

Do watch out for the **TALENT SHOW** as well as this month draws to an end. I am sure you are wondering what is going to happen this time around. Is there going to be the unveiling of some hidden talents?

***Make sure you are not left out of all these and more this month...***

***See you soon...***



## THE GIRL CHILD

BY OLIVIA AGNERO

I hear about school  
Being cool.  
About a place, I can be made  
Into someone and not a maid.  
Though full of weaknesses,  
I can become stronger.  
I can become fearless.  
Ready to tackle challenges that come my way.  
I am of worth.  
I can be seen.  
I should be heard.  
Give me the opportunities  
And your investments will pay off.  
I am the girl child.  
I am outstanding and bold!

## QUOTE

***"My advice is, never do tomorrow what you can do today. Procrastination is the thief of time."***

*-Charles Dickens  
'David Copperfield'*

# MY VIEWS



## MENTAL HEALTH

By-N'zobia Adoua

Mental health refers to one's cognitive, behavioural, and emotional well-being. It is all about how people think, feel, and behave. People sometimes use the term "mental health" to mean the absence of a mental disorder. You can either have a good mental health or bad mental health. When speaking about mental health in school, it can affect both staff and students.

The mental health of a student refers to his/her emotional well-being as well as state of mind. This can be positive or negative. Mental health challenges are common among students. Some mental illness such as depression or anxiety/panic attacks might come from school related stress and insecurities. This is why students and even staff members who are experiencing this should immediately ask for help whether from a professional, parents or friends because not talking about it could affect your academics and social output. To conclude, just take a read at what others have to say about whether mental health is important to student.



## IS MENTAL HEALTH IMPORTANT TO STUDENTS?

A good mental health is very important to students. Students need to have a stable mind to be able to focus on their studies. In the absence of this, a student might struggle with learning and be left behind in his/her work. Anything that prevents students from being in the right state of mind may lead to lack of motivation or energy or even trouble understanding what is supposed to be done. This is why I think that a good mental health is very important to students.

-Eva Diop

I think that mental health is important because mental health disorders can affect a child's social interactions which can affect his/her success in school. I think that appropriate services must be put in place to support the mental health needs of young learners to help them and lower the negative impacts on them.

-Favour Ezinwa

Mental health is important to students because it helps them to think correctly and develop the right mind-set about issues and themselves. For example if students have a bad paradigm about themselves which can affect their skills, intelligence and focus on work, they should reach out for help from a counsellor who can help them.

-Tinise Kouame

Mental health is important to students because it helps them to concentrate on their studies. We all know that most bullying cases lead to suicide so students must be counselled to handle and report such situations. Clearly defined structures must be put in place so students know where to go for help in times of need.

-Esi Elio

## QUOTE

*"I must respect the opinions of others even if I disagree with them."*

-HERBERT HENRY LEHMAN

